



Advancing Your Practical Skills and
Knowledge in Knee Arthroscopy

A Joint Journey



2nd September 2025 | 08:15 – 16:00



Johnson & Johnson AG
Luzernstrasse 21
4528 Zuchwil

Course Overview

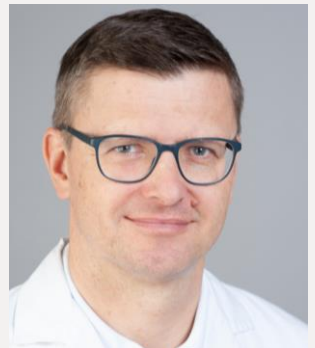
This hands-on course is designed for knee surgeons aiming to deepen their expertise in knee arthroscopy techniques. Through a blend of theoretical instruction and intensive practical exercises, participants will enhance their diagnostic and surgical skills in managing common knee pathologies. This course also comprises a lunch symposium where participants have the chance to discuss challenging cases with the faculty members.

Target Group

Intermediate-level knee surgeons seeking to refine their diagnostic and surgical skills in arthroscopy and gain advanced hands-on experience.

Learning Objectives

- Refine techniques for arthroscopic meniscal tear repair.
- Improve skills in ACL reconstruction, including graft selection and tunnel placement.
- Explore the potential to implement various other procedures for achieving knee stabilization, including lateral and medial reconstructions.



**Dr. med.
Richard Glaab**
Kantonsspital Aarau



**Dr. med.
Albrecht Heitner**
Rennbahnklinik MuttENZ

Agenda

25th March 2025

08:15 – 08:45

08:45 – 09:15

09:15 – 09:30

09:30 – 10:30

10:30 – 12:00

12:00 – 13:30

13:30 – 13:45

13:45 – 15:45

15:45 – 16:00

16:00

Registration, Coffee & Welcome

ACL & ALL – My Philosophy

Dr. med. Richard Glaab

Dr. med. Albrecht Heitner

Transition to Wetlab

Wetlab Session 1 – Meniscus Refixation

All Faculty

- All-Inside Meniscus Repair
- Root Repair
- Ramp Lesion Repair
- Outside-In Technique

Wetlab Session 2 – ACL Reconstruction

All Faculty

- Semitendinosus and quadriceps tendon harvesting for ACL reconstruction
- Demonstration of graft preparation
- Tunnel placement and graft insertion: Tips & Tricks - How to avoid common pitfalls during tunnel drilling and graft insertion.

Lunch Symposium – Case Discussions

All Faculty

- Faculty-led discussion of challenging reconstructive knee surgery
- Participants are encouraged to bring their own cases on a USB stick

Transition to Wetlab

Wetlab Session 3 – Knee Ligament Reconstruction

All Faculty

Possibility to perform other procedures with the goal to have a stabilized knee at the end of the day:

- Lateral / medial reconstruction
- PCL reconstruction

Summary, Feedback & Outlook

Course Closure

Contact your local Sales consultant to register today!