

Advancing Your Practical Skills and Knowledge in Knee Arthroscopy

A Joint Journey



2nd September 2025 | 08:15 – 16:00



Johnson & Johnson AG Luzernstrasse 21 4528 Zuchwil



This hands-on course is designed for knee surgeons aiming to deepen their expertise in knee arthroscopy techniques. Through a blend of theoretical instruction and intensive practical exercises, participants will enhance their diagnostic and surgical skills in managing common knee pathologies. This course also comprises a lunch symposium where participants have the chance to discuss challenging cases with the faculty members.

Target Group

Intermediate-level knee surgeons seeking to refine their diagnostic and surgical skills in arthroscopy and gain advanced hands-on experience.

Learning Objectives

- Refine techniques for arthroscopic meniscal tear repair.
- Improve skills in ACL reconstruction, including graft selection and tunnel placement.
- Explore the potential to implement various other procedures for achieving knee stabilization, including lateral and medial reconstructions.







Dr. med. Richard GlaabKantonsspital Aarau



Dr. med.
Albrecht Heitner
Rennbahnklinik Muttenz

Agenda

25th March 2025

08:15 - 08:45

08:45 - 09:15

09:15 - 09:30

09:30 - 10:30

10:30 - 12:00

12:00 - 13:30

13:30 – 13:45

13:45 - 15:45

15:45 – 16:00

16:00

Registration, Coffee & Welcome

ACL & ALL – My Philosophy

Dr. med. Richard Glaab Dr. med. Albrecht Heitner

Transition to Wetlab

Wetlab Session 1 - Meniscus Refixation

All Faculty

- All-Inside Meniscus Repair
- Root Repair
- · Ramp Lesion Repair
- Outside-In Technique

Wetlab Session 2 - ACL Reconstruction

All Faculty

- Semitendinosus and quadriceps tendon harvesting for ACL reconstruction
- · Demonstration of graft preparation
- Tunnel placement and graft insertion: Tips & Tricks How to avoid common pitfalls during tunnel drilling and graft insertion.

Lunch Symposium - Case Discussions

All Faculty

- Faculty-led discussion of challenging reconstructive knee surgery
- Participants are encouraged to bring their own cases on a USB stick

Transition to Wetlab

Wetlab Session 3 - Knee Ligament Reconstruction

All Faculty

Possibility to perform other procedures with the goal to have a stabilized knee at the end of the day:

- Lateral / medial reconstruction
- PCL reconstruction

Summary, Feedback & Outlook

Course Closure

Contact your local Sales consultant to register today!



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